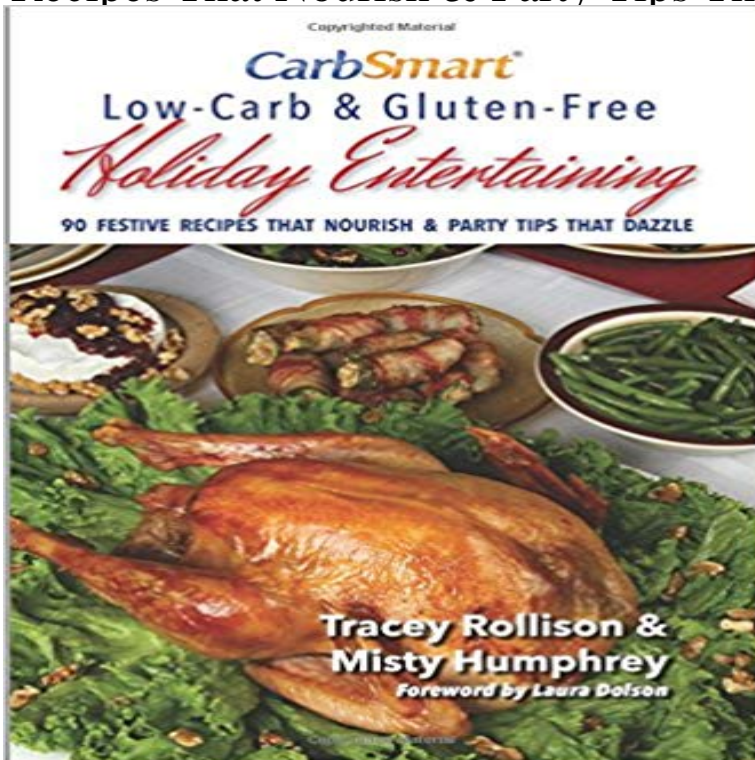


CarbSmart Low-Carb & Gluten-Free Holiday Entertaining: 90 Festive Recipes That Nourish & Party Tips That Dazzle



Impress guests and still be able to indulge yourself with the CarbSmart Low-Carb & Gluten-Free Holiday Entertaining cookbook! If you've spent too many holidays slaving over sugar-laden desserts that you couldn't even eat just to impress your guests, listen up: there's no need to make food you can't consume any longer when you've got CarbSmart Low-Carb & Gluten-Free Holiday Entertaining on your side. Learn how to create gorgeous dishes that will wow even the pickiest crowd that you can eat as well! After all, there's nothing worse than being forced to nibble on a boring celery stick from the vegetable tray because there's nothing else you can eat. Now you too can indulge in delicious appetizers, cocktails and desserts that just happen to be low-carb and gluten-free. Now you can have your holiday and eat it too and throw a party your guests will be talking about for years to come all at the same time. CarbSmart Low-Carb & Gluten-Free Holiday Entertaining makes treating your guests to a delicious and healthy gathering easier than ever. From breakfasts and brunches to luncheons, dinners and cocktail parties, there are recipes and entertaining tips for every type of holiday occasion, from Thanksgiving to Valentine's Day. What You'll Get CarbSmart Low-Carb & Gluten Free Holiday Entertaining provides you with 90 mouth-watering recipes, hundreds of cooking and party tips and ideas, an extensive overview of ingredient usage and substitutions, a handy guide with information on where to purchase specialty ingredients you may not be able to find in stores, a table of sweetener equivalents & more. The book is ideal for both seasoned and novice cooks, so no matter your culinary experience, you'll find an easy-to-use collection of recipes and tips that just about anyone can follow. Types of Recipes Included Breakfast Appetizers / Hors d'Oeuvres Breads & Crackers Main

Dishes Soups/Stews Salads Side Dishes
Cocktails/Drinks/Beverages Desserts A
Sampling of Included Recipes Wild
Blueberry Belgian Waffles Crab Frittata
Shrimp Dill Dip Bleu Cheese Bacon Bites
Bacon-Wrapped Fig Jalapeno Peppers
Swiss Pecan Crisps Roasted Herb-Brined
Turkey & Gravy Flank Steak Pinwheels
Garlic-Stuffed Rib Roast with Coffee Rub
Slow Cooker Lamb Stew Lemon Beet
Salad Vegetable Latkes Eggplant Involtini
with Pesto Filling Parsnip, Roasted Garlic
and Three Cheese Gratin Toasty
Chai-ppucino Low-Carb Hot Cocoa
Pearberry Sparklers Pecan Latte Gateau
Chocolate Raspberry Mousse and much
more! Get a Leg Up This Fall and Winter
Holiday Season Start your holiday season
off right. Order CarbSmart Low-Carb &
Gluten-Free Holiday Entertaining and you'll
have all the tools you need to host
successful holiday gatherings with recipes
so delicious you'll barely believe they're
healthy! Praise for CarbSmart Low-Carb
& Gluten-Free Holiday Entertaining I love
the recipes in this book! Whether you are
the casual, backyard, card table and folding
chairs type of entertainer or the tablecloth,
fine china, and champagne type of person,
you'll find a plethora of original recipes to
fit your needs. This cookbook is proof
positive that one doesn't have to partake in
the holiday junkfest to indulge in decadent,
festive real food dishes. Misty and Tracey
have pulled together a fine collection of
recipes that anybody will enjoy. From a
discussion of good fats/bad fats, to a
comprehensive sweetener conversion chart,
to nutritional advice about types of food, to
maintaining a well-stocked kitchen, this
book is saturated with useful information.
Tiffany Rangel, Deliciously-Thin.com

Misty Humphrey (Author of Carbsmart Low-Carb & Gluten-Free Fall Kop boken Carbsmart Low-Carb & Gluten-Free Holiday Entertaining: 90 Festive Recipes That Nourish & Party Tips That Dazzle av Tracey Rollison, Misty CarbSmart Low-Carb & Gluten-Free Holiday Entertaining: 90 Festive - Google Books Result CarbSmart Low-Carb & Gluten-Free Holiday Entertaining by Tracey Carbsmart Low-Carb & Gluten-Free Holiday Entertaining: 90 Festive Recipes That Nourish & Party Tips That Dazzle by Tracey Rollison, Misty Humphrey, Free Carbsmart Low Carb Gluten Free Holiday Entertaining 90 Read a free sample or buy CarbSmart Low-Carb & Gluten-Free Holiday 90

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