

Impress guests and still be able to indulge yourself with the CarbSmart® Low-Carb & Gluten-Free Holiday Entertaining cookbook! If you've spent too many holidays slaving over sugar-laden desserts that you couldn't even eat just to impress your guests, listen up: there's no need to make food you can't consume any longer when you've got CarbSmart® Low-Carb & Gluten-Free Holiday Entertaining on your side. Learn how to create gorgeous dishes that will wow even the pickiest crowd that you can eat as well! After all, there's nothing worse than being forced to nibble on a boring celery stick from the vegetable tray because there's nothing else you can eat. Now you too can indulge in delicious appetizers, cocktails and desserts—that just happen to be low-carb and gluten-free. Now you can have your holiday and eat it too—and throw a party your guests will be talking about for years to come—all at the same time. CarbSmart® Low-Carb & Gluten-Free Holiday Entertaining makes treating your guests to a delicious and healthy gathering easier than ever. From breakfasts and brunches to luncheons, dinners and cocktail parties, there are recipes and entertaining tips for every type of holiday occasion, from Thanksgiving to Valentine's Day. What You'll Get CarbSmart® Low-Carb & Gluten Free Holiday Entertaining provides you with 90 mouth-watering recipes, hundreds of cooking and party tips and ideas, an extensive overview of ingredient usage and substitutions, a handy guide with information on where to purchase specialty ingredients you may not be able to find in stores, a table of sweetener equivalents & more. The book is ideal for both seasoned and novice cooks, so no matter your culinary experience, you'll find an easy-to-use collection of recipes and tips that just about anyone can follow. Types of Recipes Included • Breakfast • Appetizers / Hors d'Oeuvres • Breads & Crackers • Main Dishes • Soups/Stews • Salads • Side Dishes • Cocktails/Drinks/Beverages • Desserts A Sampling of Included Recipes • Wild Blueberry Belgian Waffles • Crab Frittata • Shrimp Dill Dip • Bleu Cheese Bacon Bites • Bacon-Wrapped Fig Jalapeno Peppers • Swiss Pecan Crisps • Roasted Herb-Brined Turkey & Gravy • Flank Steak Pinwheels • Garlic-Stuffed Rib Roast with Coffee Rub • Slow Cooker Lamb Stew • Lemon Beet Salad • Vegetable Latkes • Eggplant Involtini with Pesto Filling • Parsnip, Roasted Garlic and Three Cheese Gratin • Toasty Chai-ppucino • Low-Carb Hot Cocoa • Pearberry Sparklers • Pecan Latte Gateau • Chocolate Raspberry Mousse • and much more! Get a Leg Up This Fall and Winter Holiday Season Start your holiday season off right. Order CarbSmart Low-Carb & Gluten-Free Holiday Entertaining and you'll have all the tools you need to host successful holiday gatherings with recipes so delicious you'll barely believe they're healthy! Praise for CarbSmart Low-Carb & Gluten-Free Holiday Entertaining "I love the recipes in this book! Whether you are the casual, backyard, card table and folding chairs type of entertainer or the tablecloth, fine china, and champagne type of person, you'll find a plethora of original recipes to fit your needs. This cookbook is proof positive that one doesn't have to partake in the holiday junkfest to indulge in decadent, festive real food dishes. Misty and Tracey have pulled together a fine collection of recipes that anybody will enjoy. From a discussion of good fats/bad fats, to a comprehensive sweetener conversion chart, to nutritional advice about types of food, to maintaining a well-stocked kitchen, this book is saturated with useful information." —Tiffany Rangel, Deliciously-Thin.com

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