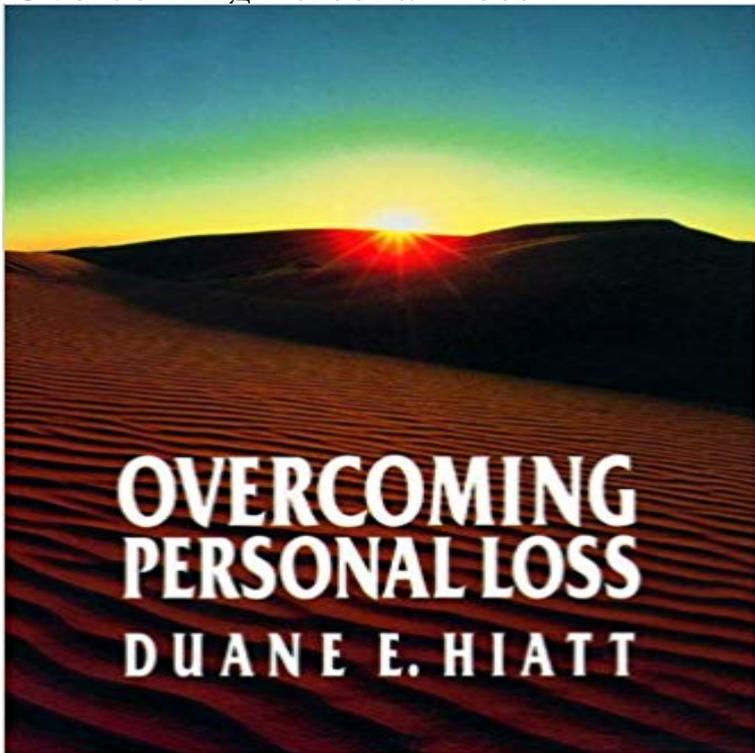


## Overcoming Personal Loss



No one lives without loss, it is a part of life. But when author Duane Hiatt's wife Diane died of cancer shortly after giving birth to their fifteenth child, Duane faced some particularly difficult challenges. Coping with such a loss requires more than the passage of time. It is a long and difficult journey that some are unwilling to make. But those who do are better people for having made the trek. The road up from loss, like other roads, is easier traveled with a map and markers along the way. And the journey is lighter with friends to share the burden, offer encouragement, and advise us about how to proceed. In *Overcoming Personal Loss*, one who has made the journey offers comfort and solid help on overcoming serious loss, whether through death, divorce, loss of a job, or any other debilitating experience. While loss is a part of our mortal journey, it need not paralyze us. If understood and used correctly, it can be a refining and enriching experience that will help us fill the measure of our creation.

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[9 Step Action Plan For Overcoming Loss And Grief HuffPost](#) Duane E. Hiatt is the author of *Overcoming Personal Loss* (4.25 avg rating, 4 ratings, 2 reviews, published 2010) [10 Things I Learned While Dealing With the Death of a Loved One Editorial Reviews. Review.](#) Reading this through the eyes of being a psychotherapist I noticed [Overcoming Personal Loss - Inspiration316 Radio](#) You can love, lose and survive. You can fall to your knees and cry in pain. You can feel a horrible, crippling emptiness, yet recover and fill [Download Widows Key: Innovative Approaches for Overcoming](#) Your traumatic situation might have involved the death of a loved one or an If you have experienced any of these or a similar personal loss, you may find it [Coping with Loss: Bereavement and Grief Mental Health America](#) [Return from Exile](#) is your guide to understanding and recovering from the losses in life. Save 25% on Paperback at . Use code: UVMH5T4C. [Weep Not: Overcoming Grief, Disappointment, and Loss - Google Books Result](#) [EA: Overcoming Grief and Loneliness - Joyce Meyer Ministries](#) [Have you lost someone you love, maybe to a sickness or unexpectedly](#) [The only way to repay the devil for hurt and devastation in our personal lives is to Coping with Grief and Loss: Dealing](#)

## Overcoming Personal Loss

with the Grieving Process and At 24, I was completely lost, unable to express what had just This is your personal journey, and youre allowed to feel, think, say or do Overcoming Personal Loss - Duane E. Hiatt - Google Books Widows Key: Innovative Approaches for Overcoming Personal Loss [Dr. Linda Lindholm] on . \*FREE\* shipping on qualifying offers. Forget the old Overcoming Personal Loss: Duane E. Hiatt: 9780875793092 Theyd overcome personal loss, bullying, addiction, homelessness, anxiety and depression. Eight teens shared their stories at the Voices of