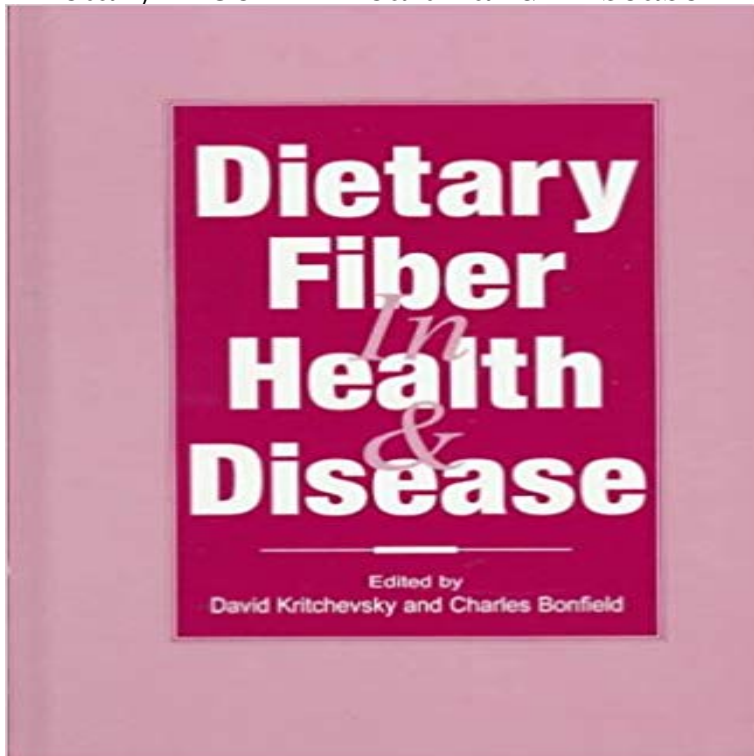


Dietary Fiber in Health and Disease



Based on research presented at the Vahouny Fiber Symposium, Washington, D.C. Significant progress has been made in the past decade on the study of dietary fiber effects on human physiology. This book presents new findings on the role of fiber in health and disease. Included is new information detailing fibers effects on: Lipid absorption Carbohydrate metabolism Physiology and morphology Cancer and more. Because it examines not only fiber as it exists in food, but also the dynamics of fiber and the human diet, Dietary Fiber in Health and Disease will be an invaluable reference for professionals from a variety of disciplines, including: Biochemists Epidemiologists Physiologists Nutritionists Gastroenterologists The contributions of more than thirty of the worlds leading fiber researchers have been compiled in this one comprehensive resource.

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