

Discover how you too can recover from Fibromyalgia and Chronic Fatigue Syndrome by not just learning about one man's recovery, but by seeing what all recoveries have in common. Frustrated from lack of understanding and help, Dan Neuffer's pain wasn't just physical anymore. His despair had driven him to search through medical libraries and research papers, to find answers that no Doctor, including Dr Google could give him. He was looking for :The Cure for Fibromyalgia and Chronic Fatigue Syndrome. Clearly, to recover from Fibromyalgia or Chronic Fatigue Syndrome, you need to treat the Cause and not just the symptoms! When you treat the cause, you get better and when you eliminate the cause, you make a full recovery. Dan Neuffer, a former physicist, asked himself how he could recover from an "incurable illness" after all these years, when everyone says the cause is unknown? How can he recover when he has already tried everything his doctor and alternative health practitioners have recommended, including treatments that supposedly cured others? But, the following year, against all the odds, he recovers from CFS/FMS. He finally gets relief - he gets his life back! He is confident that his recovery, is a genuine end to his suffering, not just because of his terrific new level of health, but because he stays recovered, even under harsh physical and mental stress – he is finally back in control. What matters to all sufferers of this illness is not only How he did it, but Why it worked! In his research, he discovered a single underlying dysfunction that disrupts virtually every biological system in sufferers. He describes why finding clarity and treating this dysfunction is critical for your health to return to normal. Walk alongside Dan Neuffer, as he follows the trail of clues with his uncompromising sense of logic. Discover the compelling conclusion of his research that ties together the different theories for the cause of Fibromyalgia Syndrome (FMS), Chronic Fatigue Syndrome (CFS), Myalgic Encephalomyelitis (ME), CFIDS and also Multiple Chemical Sensitivity (MCS) and Electromagnetic Hypersensitivity. Although he describes the cause as a single underlying dysfunction, he explains:• how people get ill in so many ways;• how people recover using so many different types of treatments;• how the many symptoms are created. As one reviewer said: "CFS Unravelled finally brings it all together for you". The book explains how every recovery happens, no matter what the successful treatment was and Why there is no single magic cure that works for everyone. 5 triggers that perpetuate the dysfunction are described as well as key treatments and powerful strategies that few doctors have discovered yet. The book offers a framework for you to draft your recovery plan, allowing you to tailor it to your needs by exploring how you first got ill as well as your current situation. All this whilst giving a practical approach to supplementation, exercise and diet. If you feel completely frustrated and afraid and have lost confidence in any treatment suggested, because it just doesn't make sense, or because you have already tried it all before, then you will especially enjoy Dan Neuffer's message that understanding the cause of your illness will give you the inner peace, confidence and motivation to drive you forwards towards recovery. Much more than a range of treatment options, this book is designed to help you find your personal breakthrough to recovery right now. His message is Recovery is possible, start yours now and reclaim your happiness!. He explains that even longer term sufferers can again experience Vibrant Energy again and Become Pain Free as they enjoy an End to the Nightmare. Say "Yes" again to life.

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