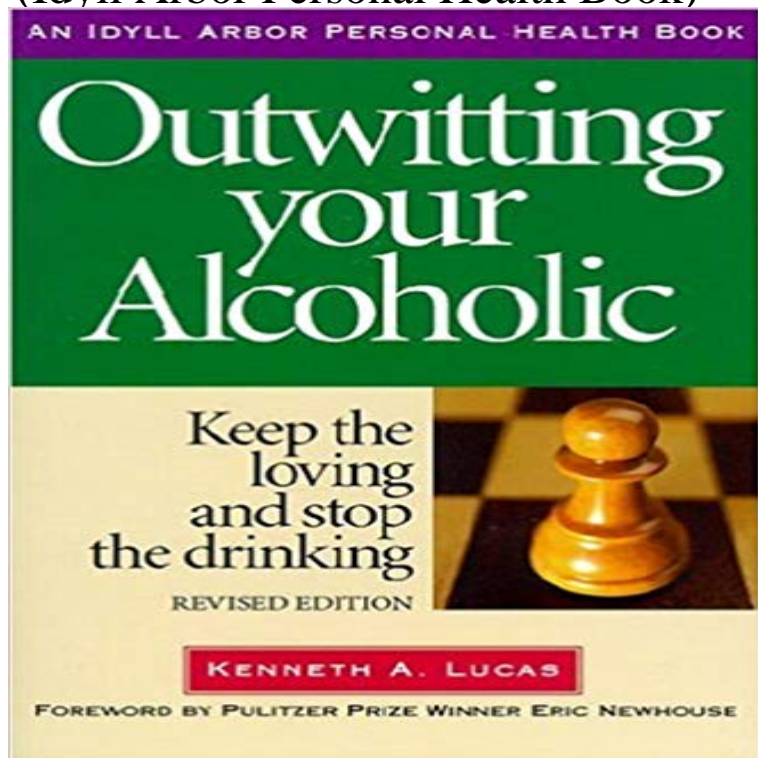


## Outwitting Your Alcoholic: Keep the Loving And Stop the Drinking (Idyll Arbor Personal Health Book)



One of the hardest decisions a person can make is to leave a loved one because the loved one is drinking too much. Sometimes there is another way to put the relationship back together. In *Outwitting your Alcoholic* Ken Lucas suggests some of the things you can try to keep the loving and stop the drinking. The world of alcoholism is strange, filled with half truths and whole lies. The journey out of that world can be confusing and difficult, but people just like you have made it. In this book, Ken Lucas provides a map of the alcoholics world. (He lived there once.) He talks about what you can do to get out, and bring the alcoholic you love with you. Your alcoholic uses lots of excuses for his drinking. This book is full of ways to help you think straight and counter his excuses. So if you ever use the excuse, Im doing the best I can. and its not good enough, this book will help you do better. Chapters include: Excuses, Excuses; Its a Disease; Dont Look for a Cause; Dont Look for Logic; Its Not Social Drinking; Enabling; Formally Intervening; Powerlessness; Recovery; and Frequently Asked Questions.

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