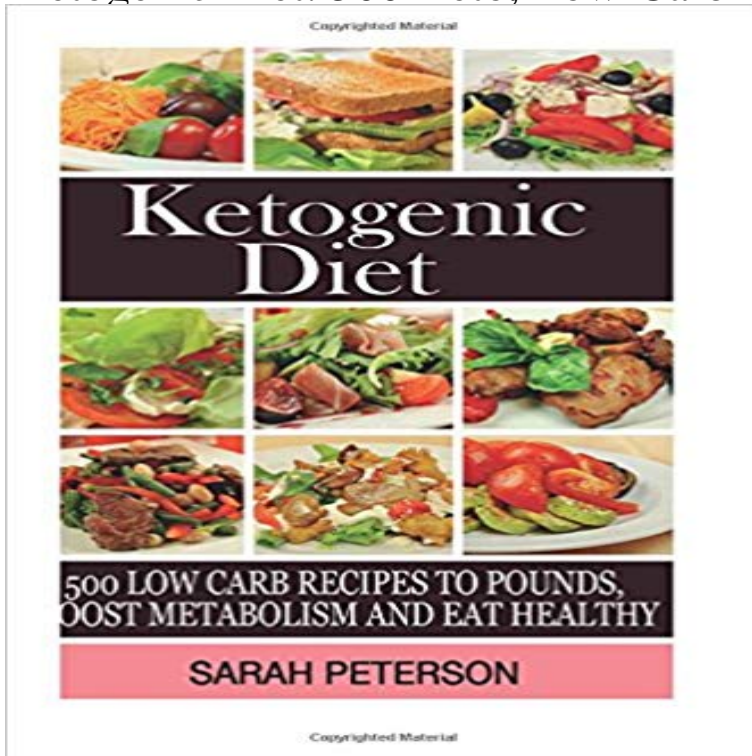


Ketogenic Diet: 500 Keto, Low-Carb Recipes for Rapid Weight Loss



CHECK OUT THESE AMAZINGLY DELICIOUS KETOGENIC RECIPES! If you want to prepare fast, delicious and healthy and stick with you Keto Diet then this recipe book is for you.... THIS RECIPE BOOK was created for people like you who are busy but still want to follow a Keto Diet. INSIDE THIS RECIPE BOOK you will get low carb recipes covering everything from Breakfast, Stews, Sauces, Main Dishes, Soups and more! You will appreciate the variety and the quality of each recipe. Which one will be your new favorite? You dont have to search through multiple cookbooks trying to find new Keto Recipes. We provide 500 Keto recipes to make following the Ketogenic Diet as easy as possible. We also strive to take the boredom out of eating the same foods. In just a matter of minutes you could be creating some amazing meals using the recipes in this book that will help you lose weight and feel great

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