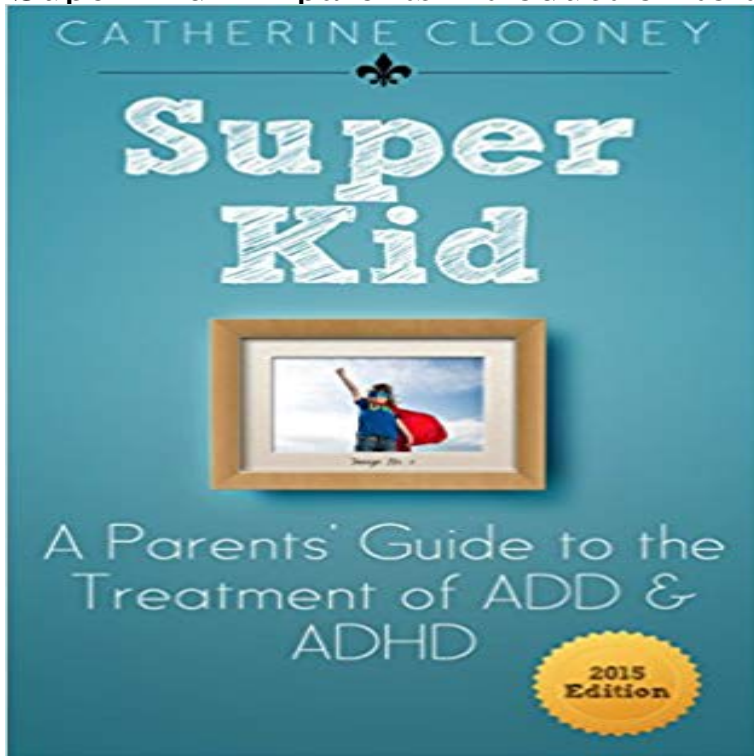


Super Kid - A parents introduction to the treatment of ADD and ADHD



Depending on the diagnostic criteria used, ADHD can affect between 1-7% of children, with around three times as many boys as girls affected. However, like any newly defined condition, ADHD (and ADD) are not without controversy. Many people in the general public (not to mention some doctors even) do not understand this condition and think it is just a personality trait. They think you should just send your child outside to run around and burn off some steam. This is an unfortunate situation and reflects a great deal of misunderstanding around what can be a debilitating and disabling condition that can put great pressure on families. The good news is that, with appropriate treatment, the majority of children diagnosed with ADHD go on to lead perfectly normal lives (to the extent that any of our lives can be called normal!). The prime risk is inaction. Author Catherine Clooney has witnessed first hand the different paths taken by children of parents who pro-actively deal with this condition head-on versus those that choose to ignore it or are scared of drugging their children. So, in this quick, easy to read book, Clooney has distilled her experience as a practitioner dealing with ADHD on a daily basis into a guide for parents whose children have recently been diagnosed or those weighing up their management options. The book covers - What is ADHD/ADD? What are the common symptoms? How do you treat or manage ADHD/ADD? What are the various ADHD medication options and how do they work? (Including Ritalin, Adderal and other non-stimulant options) What kinds of behavioral modifications are helpful? Plus many much more information for parents to use to ensure that both they and their child are back in their cape, flying as they deserve to.

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