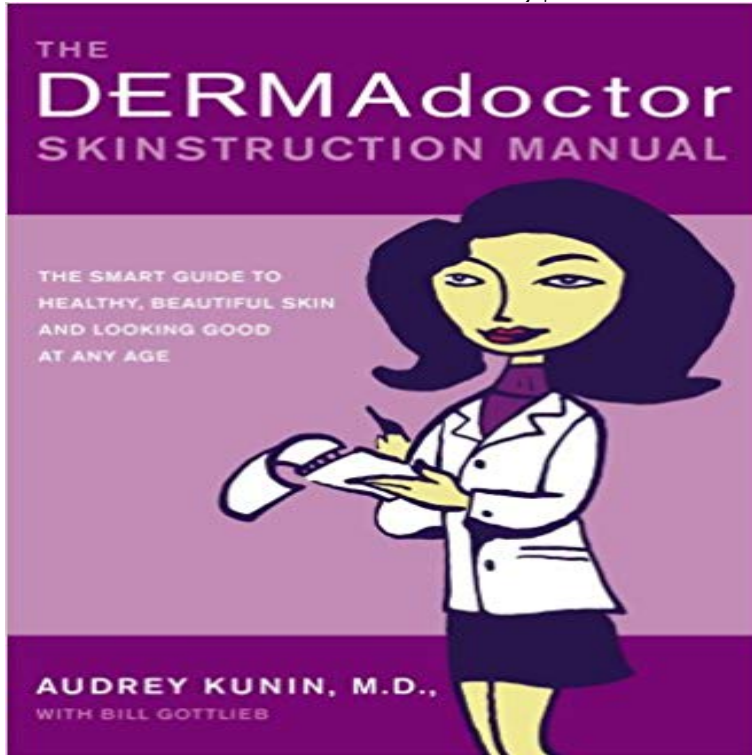


The DERMAdoctor Skinstruction Manual: The Smart Guide to Healthy, Beautiful Skin and Looking Good at Any Age



The DERMAdoctor is in and shes here to give an informed, friendly, and practical answer to every skin care question youve ever asked! Written by board-certified dermatologist Audrey Kunin, M.D., The DERMA-doctor Skinstruction Manual is a hands-on, comprehensive guidebook to maintaining healthy, beautiful skin and looking great at any age. The DERMAdoctor Skinstruction Manual goes beyond any other book on skin care youve ever read. In her trademark warm and witty tone, Dr. Kunin frankly discusses the skin conditions weve all had questions about -- including enlarged pores, rashes, discoloration, and more serious concerns like skin cancer -- and provides straightforward explanations about why and how they affect us all. But Dr. Kunin doesnt just explain the problem, she gives unique and useful advice for preventing skin problems before they happen and repairing or reversing them when they do. From head to toe, this book is your indispensable guide to:

- Glowing, beautiful skin: If you suffer from acne, oily skin, rosacea, or melasma, there are clear-cut steps you can take immediately to repair and rejuvenate your skin for good.
- A fresh and youthful appearance: Chapters on sun damage, stretch marks, cellulite, and more address the cliches weve all heard and the treatments weve all tried and offer innovative, practical, and medically proven solutions that really work!
- Healthy skin, inside and out: Dr. Kunin goes beneath the surface to discuss a wide variety of skin conditions that affect many of us, like hives and eczema, offering expert advice for their treatment and prevention.

Insightful and engaging, this invaluable handbook delivers noticeable results, with real-world answers to your skin care questions, all with a dose of humor and charm. In addition, there is helpful information on product ingredients, cosmetic treatments, and the beauty

products that work best for your skin type. Packed with great advice and easy-to-follow instructions, The DERMA-doctor Skinstruction Manual is your companion for a lifetime of beautiful, healthy, and age-defying skin.

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